

STONY PLAIN KYOKUSHIN KARATE



2010 Canadian Kyokushin Fall Camp Information

- Date: September 24th, 25^h, 26th
- Place: Mother Earth's Children's Charter School, Genesee, 15 min west of Stony Plain AB.
- Times: Starts Friday @ 5:00pm ends Sunday @ 11:00am Please check itinerary for more details.
- Fees: \$120.00 per person for the weekend (2 nights)
Fee includes: training, accommodations and all meals
- Training: Open to all belt levels and ages, but please consider intensity and level of training.
- Due Date: Registration Form and Fees are **due by August 13th, 2010 and receive a free camp T-shirt.**
Registration deadline September 10th, 2010!
Note: T-shirts will be available for purchase at the camp.
- Facilities: The Facility has semi-private rooms (4 per room) There are washroom and shower facilities. All meals and refreshments provided, snacks will also be made available.
- Things to bring:
1. 2 Dogi's
 2. All sparring gear.(gloves, pads, mouth guards etc.)
 3. Pillow and sleeping bag.
 4. Toiletries.
 5. Re-usable bottle for water.
 6. Alarm clock.
 7. Outdoor clothing, running shoes.

Directions:

From Edmonton

1. Head west out of Edmonton on Hwy 16 or Hwy 16A, the Yellowhead.
2. Continue west past the towns of Spruce Grove and Stony Plain.
3. Turn south on to Hwy 770 just after the Hwy 43 turn-off.
4. Continue south past the Hwy 627 intersection.
5. Continue south over the North Saskatchewan River Bridge.
6. Take the first right (you should see the Mother Earth's Children's Charter School sign).
7. Stay to the right and follow the gravel road approximately 1 km.
8. Turn right at the MECCS sign (the second right after the highway).
9. Continue up the driveway to the school.

Note: You have travelled too far south on 770 if you reach the Genesee Power Plant.

From Calgary

1. Head north out of Calgary on Hwy 2.
2. Continue north past Red Deer.
3. Turn west onto Hwy 39 at Leduc.
4. Continue west through Calmar.
5. Turn north onto Hwy 770 at Warburg.
6. Travel north on Hwy 770 past the Genesee Power Plant.
7. Turn left at the Mother Earth's Children's Charter School sign (just following the large curve in the highway).
8. Stay to the right and follow the gravel road approximately 1 km.
9. Turn right at the MECCS Sign (the second right after the highway).
10. Continue up the driveway to the school.

Note: You have travelled too far north on 770 if you cross the North Saskatchewan River Bridge

For more directions please contact the event Director or Coordinator.

Questions?

Please contact us if you have any questions or concerns

Event Director

Steve Doyle @ email: stonyplainkyokushin@shaw.ca

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Event Coordinator

Jim Lindsay @ email: linhan-jim@telus.net

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Hope to see you all there!!