

# STONY PLAIN KYOKUSHIN KARATE



## 2010 Canadian Kyokushin Fall Camp

The International Karate Organization Kyokushinkai Canada and Stony Plain Kyokushin Karate club are pleased to announce the 1<sup>st</sup> Annual Canadian Kyokushin Fall training camp. This will be the premier training camp in Alberta for Kyokushin Karate. The goal of this camp will be to unite all of the IKOK-C clubs for a weekend of unforgettable training and friendship under one roof. Shihan's Stuart and Donald Corrigan and several high level guest instructors will be running a variety of classes covering many aspects of Kyokushin Karate. The instruction will be of the highest calibre, students will take home a wealth of knowledge that can never be gained solely at a club level.

The camp will be held at a remote school location just west of Stony Plain, Alberta. The facility is in a beautiful wilderness setting with several outdoor trails, green spaces and the neighbouring North Saskatchewan River. The facility contains sleeping dorms with a maximum 4 persons per room. Separate dining / meeting hall with full catered meals and clean up. Full indoor bathroom and shower facilities for your convenience. The Dojo contains a large area for training, weight room and indoor running track. Also several rooms for relaxing and creating new Kyokushin family friendships.

We encourage all students across Canada to participate in this unforgettable weekend. This Camp will be the perfect way to kick off the new training season and compliment the Summer and Winter camps held in British Columbia. Register early as accommodations are limited.

Look forward to seeing you there.  
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